

CHILDREN'S ACTIVITY PACK

In an effort to help families and children who are stuck at home during the COVID-19 precautions, CrossPointe Church Children's Ministry has gathered together ideas, crafts, and online links to keep families busy while stuck at home. A majority of these ideas are taken from various sources online.

INDOOR SCAVENGER HUNT:

Collect the following items in a bag or basket.

- A toy with wheels
- A book with the letter of your first name in the title
- A pair of matching socks
- 4 things that are green
- Something very soft
- A toy smaller than your hand
- Something round
- A book with numbers in it
- 5 Legos that are different
- A photo of someone you love
- An item you can see yourself in
- An item that makes you feel cozy
- A toy that has 3 different colors
- A movie that has "S" in the title
- Your snuggliest stuffed animal

Ready for a snack? Make sure everything gets put back where it belongs.

OUTDOOR SCAVENGER HUNT:

Collect the following items in a bag or basket.

- 5 Leaves that look different
- A stick that is longer than your hand
- A rock with spots on it
- A flower
- A flat rock
- 10 blades of grass
- Something you love to play with
- A piece of trash you can recycle
- Something that is brown
- Something that is heavy
- Something that is very light
- Something that needs sun to live
- An item smaller than your thumb
- Something that starts with "M"
- Something that smells good

Ready for a snack? Make sure everything gets put back where it belongs.

OUTDOOR Scavenger Hunt

TO LOOK FOR

- Something Purple
- A Pinecone
- 3 different kinds of rocks
- Something Round
- 2 Kinds of flowers
- Something that starts with the letter G
- Something Very Tall
- Something Green
- 2 Different kinds of leaves
- 1 Stick
- 2 Different types of trees
- Something prickly
- Something that smells good
- Something that starts with the letter B
- 1 Spiderweb
- Something orange
- 1 Bug
- 1 Squirrel
- Something Blue
- 1 Worm
- Something that starts with the letter P
- Something Smooth
- An Ant Hill
- 1 Bird
- Something Yellow
- 1 Butterfly
- 2 Clouds



TO LISTEN FOR

- Wind through the trees
- Leaves under your feet
- Birds Singing
- An animal moving in the trees



TO FEEL

- Rough Tree Bark
- The Sun on your face
- The Wind in your hair
- A Smooth rock
- Something Wet



ACTIVITIES TO DO USING HOUSEHOLD ITEMS:

- Read with your child
- Flashlight reading
- Alphabet Safari (look around the house for letters)
- Use household items to practice counting, patterns, sorting, etc (e.g., Legos, colored cereal, M & M's, etc.)
- Letter or Shape hunt (inside or outside: what letters / shapes can you find?)
- Board games, card games, or memory
- Dice Games
- Bake
- Build a blanket fort

CRAFTS AND SCIENCE ACTIVITIES:

- Make a Bowl:
 - Preheat oven to 350
 - Spray a glass bowl with pam or oil it
 - Put mealty beads in bowl and press down till they are a single layer in the bowl
 - Heat in over for 20-25 minutes... Let cool.
 - Now you have a bowl!
- Water & Food Coloring:
 - Place celery or scallions in a cup with water
 - Add food coloring
 - The colors will begin to change in a day or two
- Make Walking Water
 - Fill two glasses halfway full with water and place 2 inches a part
 - Add a few drops of food coloring into the water (stir until one color)
 - Use a strip of paper towel (1-2 inches wide)
 - Place one end of the paper towel into the glass with the water. Then place the other end into the glass that is empty. Then leave the glasses sit and come back to check on them in about an hour.
- How clouds make rain:
 - Fill a glass with water
 - Add 1/2 inch to an 1 inch of Shaving Cream on top of water
 - Drop blue food coloring on top of shaving cream (Blue color should filter down through the water)
- Make a No-Sew T-Shirt Bag in 10 Minutes
 - <https://mommypotamus.com/no-sew-t-shirt-tote-bag-tutorial>

GROSS MOTOR ACTIVITIES:

- Wheelbarrow Walking
 - Hold child's feet and have him/her walk on hands
- Bridging
 - Child lies on back with knees bent and feet flat on floor
 - Child lifts bottom from floor keeping tummy tight and flat
 - You can make a game of this by driving toy cars under the bridge!
- Magic Bicycle
 - Child lies on back, lifts both legs and moves legs in a bicycle motion as they "ride" their "magic" bicycle to whatever destination they choose.
 - Use various speeds to pretend going up a hill or down hill, etc.
- Wall Push-Ups
 - Have child stand approximately 5 inches from the wall
 - Place hands on wall so body is at an angle
 - Have child "push" the wall to make the room "bigger."

FINE MOTOR ACTIVITIES:

- Spray Bottles
 - Clean chalkboard, water plants, squirt ping pong balls off of golf tee, melt ice cubes
- Rip Paper
 - Tear construction or newspaper into strips for paper mache projects or mosaic art projects.
- Pinching Tissue Paper
 - Small square of tissue paper can be pinched and glued onto picture to make 3-D artwork
- Crumble paper into balls
 - Using whole hand, make "snowballs," or crumple into ball to throw at target or in trash can
- Tweezers/Tongs
 - Pick up and sort small items such as mini erasers or pom poms into ice trays
- Coins/Buttons
 - Practice flipping coins or buttons over
- Playdoh & Clay
 - Hide small items such as beads for child to retrieve
 - Roll into small balls and then use thumb and forefinger to "squish the grapes."

INTERNET ACTIVITIES/GAMES

- Monkey Preschool Math
- My Playhome (virtual dollhouse)
- Alpha Tots (Letters)
- Doodle Cast (Drawing)
- Wet, Dry, Try (Letter writing practice)
- Go Noodle Website for movement breaks
- Online games:
 - www.pbskids.org
 - www.education.com/games
 - www.abcya.com
 - www.starfall.com
- Online Story Options:
 - www.storylineonline.net/
 - www.justbooksreadaloud.com/index/php
- Scholastic Learn At Home Program
 - Offers day-by-day projects for students via free open-access digital hub
 - www.classroommagazines.scholastic.com/support/learnathome.html
- List of things to do at home:
 - <https://cindy-hilandmcalley.squarespace.com/fun-at-home>
- Virtual Field Trips:
 - https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoG1kgE3iExmi3qh2KRRku_w/mobilebasic
 - <http://cincinnati.zoo.org/home-safari-resources/>

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LINK: <https://www.kennedy-center.org/education/mo-willems>